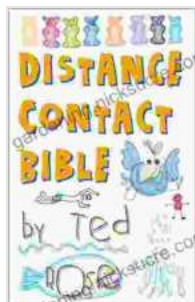


The Ultimate Guide To Great Quality Distance Contact With Your Kids



Distance Contact Bible: The Ultimate Guide to great quality distance contact with your kids by Eva Feder Kittay

★★★★☆ 4.5 out of 5

Language	: English
File size	: 82977 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 175 pages
Lending	: Enabled



Whether you're a parent who travels for work, a military parent, or a parent who has simply moved away from your children, staying connected with your kids when you're not physically present can be a challenge.

But it's not impossible. With a little effort and planning, you can maintain a strong and meaningful connection with your children, even when you're miles apart.

This comprehensive guide will provide you with everything you need to know about maintaining great quality distance contact with your kids.

1. Communicate Regularly

The most important thing you can do to stay connected with your kids is to communicate regularly. This means talking to them on the phone, video chatting, texting, and emailing.

Make sure to set aside specific times each week to talk to your kids. This will help them feel like they're a priority in your life.

When you're talking to your kids, be sure to ask them about their day, their friends, and their interests. Let them know that you're interested in what's going on in their lives.

2. Make Video Calls a Priority

Video calls are a great way to stay connected with your kids because they allow you to see their faces and hear their voices.

Make an effort to video chat with your kids at least once a week. This will help them feel like they're actually spending time with you.

During your video calls, be sure to interact with your kids. Play games, read stories, or just talk about your day.

3. Send Care Packages

Care packages are a great way to show your kids that you're thinking of them.

Fill your care packages with things that your kids love, such as books, toys, games, or snacks.

You can also include a handwritten letter or a photo of yourself. This will help your kids feel like they're connected to you, even when you're miles apart.

4. Use Social Media

Social media can be a great way to stay connected with your kids, but it's important to use it wisely.

Don't just use social media to post photos of yourself or to share your thoughts on the latest news. Instead, use social media to interact with your kids.

Like their photos, comment on their posts, and send them messages. This will help them feel like you're a part of their lives, even when you're not physically present.

5. Make Plans to Visit

If possible, make plans to visit your kids regularly. This is a great way to show them that you care about them and that you want to be a part of their lives.

When you're visiting your kids, make sure to spend quality time with them. Go out to dinner, play games, or just talk about your day.

6. Be Flexible

Things don't always go according to plan when you're a parent. This is especially true when you're trying to stay connected with your kids from a distance.

Be flexible and willing to adjust your plans if necessary. If you can't make a scheduled phone call, send a text message or an email instead.

The most important thing is to stay connected with your kids, even if it's not always easy.

7. Be Patient

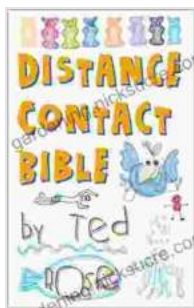
Staying connected with your kids from a distance takes time and effort. Don't get discouraged if you don't see results immediately.

Just keep communicating with your kids and making an effort to be a part of their lives. Eventually, they will come to appreciate your efforts.

Staying connected with your kids when you're not physically present can be a challenge, but it's not impossible.

With a little effort and planning, you can maintain a strong and meaningful connection with your children, even when you're miles apart.

Just remember to communicate regularly, make video calls a priority, send care packages, use social media, make plans to visit, be flexible, and be patient.



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